

RALEY'S 2015 HOLIDAY SIDE: CLASSIC MASHED POTATOES 39 OZ

Nutrition Facts	
Serving Size 1 Cup, 5oz (140g)	
Servings Per Container About 8	
Amount Per Serving	
Calories 210	Calories from Fat 100
% Daily Value*	
Total Fat 11g	17%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 510mg	21%
Total Carbohydrate 23g	8%
Dietary Fiber 2g	8%
Sugars 1g	
Protein 3g	
Vitamin A 10% • Vitamin C 10%	
Calcium 2% • Iron 6%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: MASHED POTATOES (potatoes, whole milk, butter [sweet cream, salt], salt, nisin preparation), ROSEMARY SAGE & GARLIC BUTTER (butter [cream and salt], canola & olive oil [75% expeller pressed canola oil, 25% extra virgin olive oil], water, parsley, garlic, sage, rosemary, sea salt, thyme, black pepper, oregano), PARSLEY.

Contains Milk.