

RALEY'S 2015 HOLIDAY SIDE: ROASTED SWEET POTATOES 23OZ

<b>Nutrition Facts</b>	
Serving Size 1/2 Cup (140g)	
Servings Per Container About 4.5	
<b>Amount Per Serving</b>	
<b>Calories</b> 250	<b>Calories from Fat</b> 45
<b>% Daily Value*</b>	
<b>Total Fat</b> 5g	<b>8%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 330mg	<b>14%</b>
<b>Total Carbohydrate</b> 48g	<b>16%</b>
Dietary Fiber 6g	<b>24%</b>
Sugars 17g	
<b>Protein</b> 4g	
Vitamin A 460% • Vitamin C 6%	
Calcium 8% • Iron 8%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: ROASTED SWEET POTATOES (sweet potatoes, canola oil, extra virgin olive oil, [citric acid, table salt, l-cysteine hydrochloride monohydrate, calcium phosphate anhydrous {preservative}]), BROWN SUGAR GLAZE (water, brown sugar, sugar, molasses, apple cider vinegar, butter [pasteurized sweet cream], modified corn starch, orange juice concentrate, spices, xanthan gum), GRANOLA (whole rolled oats, milled cane sugar, vegetable oil [canola and/or safflower and/or sunflower oil], molasses, coconut, almonds, sesame seeds, sunflower seeds, cashews, walnuts, honey, salt, natural flavors, organic cardamom seed, organic fennel seed, organic fenugreek seed, organic nutmeg), SWEETENED DRIED CRANBERRIES (cranberries, sugar, sunflower oil), PECANS.

Contains Tree Nuts (pecans, coconuts, almonds, cashews, walnuts).