Exclusive!

NOB HILL TRADING CO.

A COMPLETE HOLIDAY MEAL FOR LESS - AND WE'VE DONE ALL THE WORK TOO!

USDA CHOICE BEEF
PRIME RIB DINNER

Fresh ONE·OF·A·KIND **culinary adventure**

CONGRATULATIONS!

You've just purchased all the ingredients necessary for a special holiday dinner: a USDA Choice Beef Prime Rib, exquisite side dishes, rolls and a delectable dessert.

The best part? You get to spend more time with family and friends and less time in the kitchen – yet still receive all the compliments for serving a meal to remember.

Enjoy, and happy holidays!

INSTRUCTIONS & TIMELINE

Write your cooking times on the lines below to help plan your meal.

ENTER START TIME:	*30 MINUTES AFTER START TIME:*	*1 HOUR & 15 MINUTES AFTER START TIME:*	*1 HOUR & 30 MINUTES AFTER START TIME:*
_____ : _____	_____ : _____	_____ : _____	_____ : _____
Preheat oven to 325°F. Remove prime rib from refrigerator.	*Place prime rib in oven. Follow cooking instructions.*	*Remove foil from prime rib and continue baking.*	*Heat potatoes according to instructions below.*

Prime Rib

Preheat oven to 325°F. Use kitchen shears to open pouch at one end. Remove prime rib from package and place in provided foil pan.

Cover loosely with foil and place in oven at 325°F. Bake for 45 minutes to 1 hour.

Remove foil from roast and continue to bake another 45 minutes to 1 hour or until roast reaches a desired internal temperature.

PRIME RIB COOKING CHART	
Degree of Doneness	Internal Temp.
Medium-Rare	130F
Medium	140F
Medium-Well	155F
Well	170F

*Use thermometer to check internal temperature.

Mashed Potatoes

Kit Includes:
- Fresh cooked mashed potatoes

Microwave Method
Open mashed potatoes, remove from package and place in 3 quart microwave-safe bowl. Cover with plastic wrap and heat on HIGH for 10 minutes. Stir well and heat for an additional 5 minutes. *CAUTION: BOWL WILL BE HOT!* Remove from microwave and cover until ready to serve.

Oven Method
Open mashed potatoes, remove from package and place in a 9 x 13-inch oven-safe dish. Cover with foil and heat at 350°F for 25 to 30 minutes or until hot.

TIPS: Use napkins to set a decorating theme. • Do an early inventory of your special occasion serveware. • Set the table the night before.

About 2 ½ hours from start to finish

(Equipment needed: cookie sheet, 9x13 oven-safe dish or 3 quart microwave-safe bowl, small sauce pot, aluminum foil)

1 HOUR & 45 MINUTES AFTER START TIME: _____ : _____	*2 HOURS & 15 MINUTES AFTER START TIME:* _____ : _____	*2 HOURS & 25 MINUTES AFTER START TIME:* _____ : _____	*AFTER MEAL*
Check prime rib roast for desired degree of doneness. After removing, let roast rest until ready for carving. *Cook green beans according to instructions below.*	*Heat gravy according to instructions below.*	*Remove potatoes from oven.* *Preheat oven to 375˚F* *Bake rolls.*	*Serve apple pie.*

Green Beans

Kit Includes:
- Fresh green beans with garlic and oil,
- Parmesan cheese packet

Lay steam bag of green beans flat in microwave PRINT SIDE UP. Ensure resealable bag is snapped shut.

Microwave on HIGH for 7 to 9 minutes. Check for desired doneness. If needed, heat an additional 1 to 2 minutes.

Let sit for 2 to 3 minutes before removing bag from microwave.
CAUTION: BAG WILL BE HOT!

Place into serving bowl, season to taste with salt and pepper, and garnish with Parmesan cheese.

NOTE: Steam bag must lie flat, print side up to ensure proper cooking.

Gravy

Stovetop:
Put in saucepan and heat on medium-low for 4 to 7 minutes, stirring several times.

Microwave:
Place in microwave-safe container, cover and microwave for 3 to 5 minutes, stirring several times.

Place in gravy boat to serve.

Horseradish Cream Sauce

Remove horseradish cream sauce and put into decorative serving bowl.

Sweet Rolls

Preheat oven to 375˚F.

Place rolls on cookie sheet

Bake for 7 to 9 minutes or until desired color.

Serve immediately

• Clean out the refrigerator a day or two before the holiday to make room for leftovers. • Have recyclable plastic containers for send-home

Ingredients

BEEF PRIME RIB ROAST

(beef rib roast, water, sodium phosphate [emulsifier], salt, corn syrup solids, hydrolyzed soy protein, maltodextrin, natural flavoring [garlic & onion powder], coated with: dextrose, salt, maltodextrin, spices, caramel color, dehydrated garlic, onion, parsley, nisin preparation). CONTAINS: SOY.

HORSERADISH CREAM

(sour cream [cultured milk, cream, nonfat milk powder, gelatin], prepared organic horseradish [horseradish root, organic cider vinegar, water, salt, organic corn starch, organic sugar, citric acid, organic soybean oil], cream, water, dried horseradish, black pepper, salt). CONTAINS: MILK.

MASHED POTATOES

(potatoes, whole milk, butter [sweet cream, salt, annatto {color}], salt, nisin preparation). CONTAINS: MILK.

PEPPERCORN MUSHROOM GRAVY

(water, beef demi-glace base [dried soy sauce {wheat, soybeans, salt}, food starch, dextrose, autolyzed yeast extract, potato starch, dried onion, natural flavors, salt, chicken fat, sugar, caramel color, dried tomato, dried beef & veal stock, wheat flour, beet fat, guar gum], onion, mushroom, carrot, celery, cream, tomato paste, modified corn starch, butter [pasteurized cream, natural flavor], garlic, spices).
CONTAINS: MILK, SOY, WHEAT.

GREEN BEANS WITH PARMESAN CHEESE

(as prepared)

green beans, parmesan cheese, (pasteurized cultured milk, enzymes, salt), canola oil, garlic, olive oil. CONTAINS: MILK.

DINNER ROLL

(unbleached enriched flour [wheat flour, niacin, iron, thiamin mononitrate, riboflavin, enzyme, folic acid, ascorbic acid], filtered water, natural yeast starter, sea salt, olive oil, cultured wheat starch, citric acid).
CONTAINS: WHEAT.

APPLE PIE

(apples, water, unbleached enriched wheat flour [wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid], palm oil, sugar, modified corn starch, cultured dextrose [maltodextrin, cultured dextrose], whole egg, dextrose, salt, cinnamon, agar, lemon puree, ground nutmeg, carob bean gum). CONTAINS: EGG, WHEAT.

Nutrition Facts

	Beef Prime Rib Roast		Horseradish Cream Sauce		Mashed Potatoes		Peppercorn Mushroom Gravy		Green Beans with Parmesan Cheese (as prepared)		Dinner Roll		Apple Pie	
Serving Size	4 Oz. Slice (113g)		2 Tbsp. (28g)		3/4 Cup (170g)		1/4 Cup (57g)		1/2 Cup (85g)		1 Roll (50g)		1/8 Pie (142g)	
Servings Per Container	Varies		About 10		About 13		About 12		About 8		12		8	
Amount Per Serving														
Calories	280		50		250		30		50		120		420	
Calories from Fat	190		40		110		15		20		15		220	
		% Daily Value*		% Daily Value*		% Daily Value*		% Daily Value*		% Daily Value*		% Daily Value*		% Daily Value*
Total Fat	21g	32%	4.5g	7%	12g	18%	1.5g	2%	2.5g	4%	1.5g	2%	24g	37%
Saturated Fat	11g	55%	3g	15%	8g	40%	1g	5%	0.5g	3%	0g	0%	11g	55%
Trans Fat	0g		0g		0g		0g		0g		0g		0g	
Cholesterol	75mg	25%	15mg	5%	35mg	12%	5mg	2%	0mg	0%	0mg	0%	5mg	2%
Sodium	330mg	14%	115mg	5%	670mg	28%	370mg	15%	20mg	1%	280mg	12%	340mg	14%
Total Carbohydrate	1g	0%	1g	0%	29g	10%	3g	1%	7g	2%	12g	4%	50g	17%
Dietary Fiber	0g	0%	0g	0%	3g	12%	0g	0%	3g	12%	1g	4%	2g	8%
Sugars	1g		1g		1g		1g		1g		0g		26g	
Protein	19g		1g		4g		1g		2g		3g		3g	
Vitamin A	0%		0%		10%		6%		10%		0%		0%	
Vitamin C	0%		2%		0%		2%		15%		0%		4%	
Calcium	0%		0%		0%		0%		4%		0%		2%	
Iron	15%		0%		8%		0%		4%		8%		8%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

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