

9/20/19

RALEYS CLASSIC MASHED POTATOES (39.50 OZ) **UPC 4656750618**

Nutrition Facts	
About 8 servings per container	
Serving size	1 Cup (140g)
Amount per serving	
Calories	210
% Daily Value*	
Total Fat 12g	15%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 500mg	22%
Total Carbohydrate 23g	8%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 3.4mcg 15% • Calcium 20mg 2%	
Iron 1.1mg 6% • Potassium 390mg 8%	
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	

INGREDIENTS: MASHED POTATOES (potatoes, whole milk, butter [sweet cream, salt], salt, nisin preparation [salt, nisin {a natural antimicrobial}]), GARLIC AND HERB BUTTERY BLEND (butter [cream, salt], canola oil, spices, garlic), PARSLEY.

Contains Milk.

Descriptor : **Creamy natural mashed potatoes with garlic and herb butter.**