

Bourbon Pineapple Glazed Ham

Nutrition Facts		HAM	CLASSIC MASHED POTATOES	SWEET POTATOES GRATIN	GREEN BEANS ALMONDINE					
servings per container		Varied	About 7	About 6	7					
Serving size		3 oz (84g)	1 Cup (140g)	1/2 Cup (140g)	1 Cup (85g)					
Amount per serving										
Calories		110	180	260	60					
		% Daily Value*	% Daily Value*	% Daily Value*	% Daily Value*					
Total Fat	3.5g	4%	12g	15%	8g	10%	3.5g	4%		
Saturated Fat	1g	5%	8g	40%	1g	5%	1g	5%		
Trans Fat	0g		0g		0g		0g			
Cholesterol	45mg	15%	30mg	10%	0mg	0%	5mg	2%		
Sodium	940mg	41%	500mg	22%	100mg	4%	20mg	1%		
Total Carbohydrate	3g	1%	16g	6%	45g	16%	6g	2%		
Dietary Fiber	0g	0%	2g	7%	6g	21%	2g	7%		
Total Sugars	3g		1g		15g		3g			
Includes Added Sugars	3g	6%	0g	0%	7g	14%	0g	0%		
Protein	15g		3g		3g		2g			
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		Vitamin D	0mcg	0%	0.8mcg	4%	0mcg	0%	0mcg	0%
		Calcium	10mg	0%	30mg	2%	60mg	4%	40mg	4%
		Iron	1mg	6%	0.5mg	2%	1.3mg	8%	0.9mg	6%
		Potassium	270mg	6%	320mg	6%	610mg	15%	180mg	4%

INGREDIENTS: HAM (fully cooked honey cured ham with natural juices [cured with water, salt, honey, sugar, sodium phosphate, sodium erythorbate, sodium nitrite, spice extractives], bourbon pineapple glaze [water, brown sugar, pineapple juice concentrate, sugar, bourbon {bourbon, salt}, apple cider vinegar, molasses, corn starch, salt, cinnamon, black pepper, allspice, nutmeg]), CLASSIC MASHED POTATOES (mashed potatoes [potatoes, whole milk, butter {sweet cream (milk), salt}, salt, nisin preparation {salt, nisin (a natural antimicrobial)}], garlic and herb buttery blend [butter {cream, salt}, canola oil, spices, and garlic], parsley), SWEET POTATOES GRATIN (roasted yam [yam, olive oil {olive oil, extra virgin olive oil}], honey, granola [whole rolled oats, cane sugar, expeller pressed canola oil, molasses, coconut, almonds, sesame seeds, sunflower seeds, cashews, walnuts, honey, natural flavor, salt, spice blend {cardamom, fennel seed, fenugreek, nutmeg}], dried cranberries [cranberries, sugar, sunflower oil], pecans), GREEN BEANS ALMONDINE (green beans, garlic and herb buttery blend [butter {cream, salt}, canola oil, spices, and garlic], almonds).

Contains Milk, Tree Nuts (Coconut, Almonds, Cashews, Walnuts, Pecans), Sesame Seeds.

No BE disclosure.